



Daily Schedule

Weekday Routines

Time	Task
Morning Routine	
Afternoon Routine	
Evening Routine	

Tips:

- Consistency is key!
 - Add visuals to the schedule.
 - Post it somewhere in the home where your child can see it.
 - Review expectations every morning.
 - Allow your child to pick the activities during play time. It gives them a sense of control over the situation.
 - Be flexible! Things will change and that's okay!
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